April 2 - 5, 2026

SAFE Credit Union Convention Center
Sacramento, CA

The 12 Steps of Narcotics Anonymous

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

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Scan QR code to check for any program updates

events.nccna.org

WELCOME TO NCCNA XLVII

There was a time in our younger years when we had dreams. Dreams of what we would become, where we would go, of our successes. We may have started to set goals to acquire these dreams. Yet, somewhere along our journey, something went terribly wrong. Addiction took over, cunning, baffling, stripping us of our humanity, the dreams fading away until completely lost from our consciousness, only to be replaced by the ever relentless obsession to find ways and means to get more. At some juncture, we found that the next high could no longer mask the pain, the turmoil, the inadequacy that had begun to consume us. The pain became greater than the antidote we had acquired for ourselves. It just didn't work anymore.

By the grace of a higher power, a friend, family, or an arrest, we found ourselves in the rooms of Narcotics Anonymous. We began a new journey. Our minds, bodies, and spirits began to heal, and we found a spiritual awakening. Our lives began to improve. By putting in the work, working the 12 steps, sharing our experience, strength and hope with another addict, building relationships, reaching out to the newcomer, doing the next right thing, we ended up here at NCCNA 47 celebrating our recovery, where **"Lost Dreams Awaken!"**

So, stand proud, enjoy life, see the things you once took for granted. Be kind and considerate to one another, introduce yourself to a newcomer. Always remember you are worth it, and all of your dreams just may come true!

Thank you - The NCCNA XLVII Committee

CONVENTION INFORMATION

Alternative Store will be open on Sunday from 8:00am – Noon in Meeting Room 11 of the Convention Center.

ASL interpretation will be provided for Thursday, Friday, Saturday, and Sunday main speaker meetings, as well as the Men's and Women's meetings. Special seating will be available. See page 31 for details.

Audio Recordings of all workshops, topic meetings, and main speaker meetings are available as a complimentary download. See page 4 for details.

Changes and Updates to this program will be available electronically by following the link printed on the back of your registration badge. Changes will also be announced at the beginning of each main speaker meeting.

Hospitality Game Room is in the Tahoe Room of the Hyatt Regency. The room will be open on Thursday from 12:00pm – 11:30pm, as well as Friday and Saturday from 9:00am – 11:30pm. There will be no room provided on Sunday.

Hospitality Quiet Room is in the Trinity Room of the Hyatt Regency. The room will be open on Thursday from 12:00pm – 11:30pm, as well as Friday and Saturday from 9:00am – 11:30pm. There will be no room provided on Sunday.

Hospitality Table is in the Ballroom A Pre-Function area of the Convention Center. There, you will find general information regarding restaurants, transportation and various city services, as well as local area meeting schedules.

Hospitals & Institutions, Public Relations, and History & Archive tables are located in the Ballroom A Pre-Function area of the Convention Center. Hospitals & Institutions, Public Relations, and History & Archive will present workshops on Friday and Saturday in Ballroom A7. Please refer to page 33 in this program for exact times.

Hotel Check-in: Please inform your hotel that you are attending this year's NCCNA.

Jewelry will be sold in Meeting Room 6 of the Convention Center.

Lost & Found is at the Registration area in Meeting Room 2 of the Convention Center.

CONVENTION INFORMATION

Lost or stolen event tickets will not be replaced.

Lost or stolen registration badges will not be replaced.

Marathon Meetings begin at 6:00pm Thursday in the Golden State Room of the Hyatt Regency. Marathon meetings will be continuous and start on the hour. The marathon meeting schedule can be found on page 25 of this program book, or by following the link on the back of your registration badge.

Medical Attention can be obtained by calling 9-1-1, the hotel operator, or by contacting hotel/convention center personnel.

Meeting Rooms cannot be filled beyond legal capacity. We encourage those attending topic meetings to arrive early.

Merchandise Room is in Meeting Room 11 of the Convention Center. Exact hours will be posted outside of the merchandise room.

Monitors are available to assist you should you have any questions or needs during the convention. They will be wearing colored ribbons with the word "Volunteer" printed on them. Please feel free to approach them with any questions.

Nar-Anon Meetings are located in the Big Sur Room on the second floor of the Hyatt Regency Hotel. For exact times check at the Nar-Anon tables.

Nar-Anon Tables are located outside the Big Sur Room on the second floor of the Hyatt Regency Hotel.

Nar-Anon information is included in the spirit of cooperation, with no affiliation or endorsement intended.

Newcomer Registrations are reserved for the newcomer with thirty (30) days or less clean time who cannot afford the price of registration. Each newcomer receiving a registration will be required to attend a Newcomer Workshop and will be asked to make a donation to the Newcomer Fund. Registrations will be distributed on a first-come, first-served basis. Please check-in at the Registration table.

CONVENTION INFORMATION

Newcomer Welcome Sheets can be signed in the Ballroom A Pre-Function area of the Convention Center, in the Registration and Program area, and outside the Merchandise room. They are refreshed often. Please feel free to write messages of hope on them as often as you like throughout the weekend.

Newcomer Workshops are held in Meeting Room A7 of the Convention Center. The first workshop is on Thursday at 4:00pm. Friday at 9:30am and 4:00pm. Saturday workshops will be held at 10:00am and 4:00pm. If you are a newcomer, please check-in at Registration.

Persons With Disabilities and Caretakers: seating will be available at all main speaker meetings. ASL interpretation will be provided at Thursday, Friday, Saturday, and Sunday main speaker meetings, as well as the Men's and Women's meetings. Please refer to page 31 in this program for times and locations.

Pets are not allowed except for service animals. See page 5.

Program Table will be in Meeting Room 1 of the Convention Center. All speakers and secretaries are required to check-in at the Program table upon arrival at the convention, and one hour prior to their meeting start time. Speakers and secretaries are subject to being replaced if they do not check in as required.

Registration opens at 11:00am on Thursday in Meeting Room 2 of the Convention Center. Exact hours will be posted at the registration table.

Reuniones en Español se llevarán a cabo de viernes a domingo en el Salón Carmel del Hyatt Regency. Consulte la página 29 para ver el horario.

Registration Badges are required for all events. Lost or stolen registration badges will not be replaced.

Smoking or the use of electronic smoking devices is prohibited inside all facilities and within 20' of any entry door. Smoking is also prohibited in any city or county park. Please use designated smoking areas.

CONVENTION INFORMATION

Speakers and Secretaries are required to check in at the Program table. The Program table is located in the Meeting Room 1 of the Convention Center. Upon arrival at the convention, and one hour prior to the meeting start time, please check in at the Program table. Speakers and secretaries are subject to being replaced if they do not check in as requested.

Tickets are required for some events as indicated in this program and are available for purchase at the Registration table. Lost or stolen event tickets will not be replaced.

Unauthorized Merchandise is not permitted for sale during the convention.

Volunteer Sign-up & Check In is located at the Host table in the Ballroom A Pre-Function area of the Convention Center.

COMPLIMENTARY SPEAKER AUDIO DOWNLOADS

NEW for NCCNA XLVII

Your registration includes full access to the complete convention audio library, featuring recordings of every speaker session. The audio recordings are provided complimentary with your paid registration.

Please use the QR code seen here to visit our download page. Or go to **media.nccna.org**.

Login email address: **user@nccna.org**

Password: **recovery**

- ✓ Select your event folder (NCCNA 47)
- ✓ Select your meeting
- ✓ Download the audio
- ✓ Enjoy a message of recovery!

media.nccna.org

PETS ARE NOT ALLOWED

NCRSO's insurance policy DOES NOT provide coverage for pets of any kind at meetings. The only exception is if a person needs the assistance of a service animal as defined in the Americans with Disabilities Act (see below).

THE TEXT OF THE REVISED TITLE III REGULATIONS OF THE AMERICANS WITH DISABILITY ACT, Part 36 - Nondiscrimination on the Basis of Disability in Public Accommodations and Commercial Facilities (as amended by the final rule published on September 15, 2010) § 36.104 Definitions:

Service animal *means any dog that is individually trained to do work or perform tasks for the benefit of an individual with a disability, including a physical, sensory, psychiatric, intellectual, or other mental disability. Other species of animals, whether wild or domestic, trained or untrained, are not service animals for the purposes of this definition. The work or tasks performed by a service animal must be directly related to the handler's disability. Examples of work or tasks include, but are not limited to, assisting individuals who are blind or have low vision with navigation and other tasks, alerting individuals who are deaf or hard of hearing to the presence of people or sounds, providing non-violent protection or rescue work, pulling a wheelchair, assisting an individual during a seizure, alerting individuals to the presence of allergens, retrieving items such as medicine or the telephone, providing physical support and assistance with balance and stability to individuals with mobility disabilities, and helping persons with psychiatric and neurological disabilities by preventing or interrupting impulsive or destructive behaviors. The crime deterrent effects of an animal's presence and the provision of emotional support, well-being, comfort, or companionship do not constitute work or tasks for the purposes of this definition.*

Thank You,
Northern California Regional Service Office (NCRSO)

THURSDAY

JUST FOR TODAY

April 2 **Attraction**

"Our public image consists of what we have to offer: a successful, proven way of maintaining a drug-free lifestyle."

Basic Text, p. 75

Yes, we are attracting new members. More and more addicts are finding Narcotics Anonymous. But how do we treat our newest members when they arrive, worn out from their struggles with addiction? Do we reach out to newcomers who are standing by themselves at our meetings, confused and uncertain? Are we willing to give them rides to meetings? Do we still work one-on-one with the addict who suffers? Do we give out our phone numbers? Are we eager to go on a Twelfth Step call, even if it means getting up from our comfortable beds in the middle of the night? Will we work with someone who has a different sexual orientation or is from another culture? Are we generous with the gift of our time?

No doubt we were met with love and acceptance by our fellow addicts. What attracted many of us to Narcotics Anonymous was the feeling that we had finally found a place where we belonged. Are we offering that same sense of belonging to our newer members? We cannot promote Narcotics Anonymous. But when we put principles into action in our lives, we attract newer members to the NA way, just as we were attracted to recovery.

JUST FOR TODAY: I will work with a newcomer. I will remember that I was once a newcomer myself. I will seek to attract others with the same sense of belonging I've found in NA.

SCHEDULE

Thursday, April 2, 2026

1:00pm – 2:00pm — Convention Center
Step 1 - Admitting Powerlessness: The First Step Towards Freedom — **Ballroom A2-3**
Secretary: Claudia R. - San Diego Imperial Counties Region
Speaker 1: Maria K. - Lake County
Speaker 2: James D. - Mission Peak

2:30pm – 3:30pm — Convention Center
Managing Stress & Anxiety — **Ballroom A4-6**
Secretary: Laura D. - Sacramento Fellowship
Speaker 1: Krishtian X. - Sacramento Fellowship
Speaker 2: Fred P. - Contra Costa

3:45pm – 4:45pm — Convention Center
From Survival to Significance: The Joy of Living Clean — **Ballroom A2-3**
Secretary: Priscilla M. - American River
Speaker 1: DeAnna S. - American River
Speaker 2: Sean G. - American River

5:00pm – 6:00pm — Convention Center
Step 2 - Hope In Something Greater: Opening the Door to Change — **Ballroom A4-6**
Secretary: Adrienne G. - Sonoma County
Speaker 1: Dennis T. - Sacramento Fellowship
Speaker 2: Teresa D. - Sonoma County

As recovering addicts, we come to know gratitude. As our defects are removed, we are free to become all that we can. We emerge as new individuals with an awareness of ourselves and the ability to take our places in the world.

(Basic Text, pg. 97)

(ASL) = ASL interpretation available.

SCHEDULE

Thursday, April 2, 2026

7:00pm – 8:30pm — Convention Center
Main Speaker Meeting (ASL) — **Ballroom A1**
Speaker: Joe O. - Greater San Jose
Secretary: Ron F. - American River

¿Quien es un Adicto?	Felix O. - Sacramento Fellowship
What is the NA Program?	Cynthia H. - Napa/Solano
Why are We Here?	Michelle R. - Greater Butte
How It Works:	Tamara P. - Greater Butte
Twelve Traditions:	Alexandria J. - American River
We Do Recover:	Newcomer
Just for Today:	Mimi H. - American River

9:00pm – 10:00pm — Convention Center
Relearning How to Have Fun Without Using — **Ballroom A2-3**
Secretary: Roxanne I. - Greater San Jose
Speaker 1: Matt B. - American River
Speaker 2: Skyler R. - California Mid-State Region

9:00pm – 1:00am — Hyatt
Karaoke — **Regency A**

10:15pm – 11:15pm — Convention Center
Step 3 - Turning it Over: Trusting a Power Beyond Myself — **Ballroom A2-3**
Secretary: Nick C. - American River
Speaker 1: Justin M. - Sonoma County
Speaker 2: Wendy M. - Mission Peak

Although Topic meetings have ended for today, you can attend Marathon meetings throughout the night in the Golden State Room of the Hyatt Regency.

See Page 25

FRIDAY

JUST FOR TODAY

April 3 **For you alone**

"The idea of a spiritual awakening takes many different forms in the different personalities that we find in the fellowship."

Basic Text, p. 49

Though we all work the same steps, each of us experiences the spiritual awakening resulting from them in our own way. The shape that spiritual awakening takes in our lives will vary, depending on who we are.

For some of us, the spiritual awakening promised in the Twelfth Step will result in a renewed interest in religion or mysticism. Others will awaken to an understanding of the lives of those around them, experiencing empathy perhaps for the first time. Still others will realize that the steps have awakened them to their own moral or ethical principles. Most of us experience our spiritual awakening as a combination of these things, each combination as unique as the individual who's been awakened

If there are so many different varieties of spiritual awakenings, how do we know if we've truly had one? The Twelfth Step provides us with two signs: We've found principles capable of guiding us well, the kind of principles we want to practice in all our affairs. And we've begun to care enough about other addicts to freely share with them the experience we've had. No matter what the details of our awakenings are like, we all are given the guidance and the love we need to live fulfilling, spiritually oriented lives.

JUST FOR TODAY: Regardless of its particular shape, my spiritual awakening has helped me fill my place in the world with love and life. For that, I am grateful.

SCHEDULE

Friday, April 3, 2026

8:00am – 9:00am — Convention Center
Sound Bath Guided Mediation — **Meeting Room 8**

8:30am – 9:30am — Convention Center
Why I Stayed Even When I Used — **Ballroom A2-3**
Secretary: Mikey E. - American River
Speaker 1: James F. - Sonoma County
Speaker 2: Rick M. - British Columbia Region

9:00am – 1:00pm — Offsite
Golf Tournament (8am check-in @ course) — **Teal Bend Golf Club**

9:00am – 10:00am — Convention Center
Step 4 - Inventory of Truth: Facing Myself Honestly — **Ballroom A9-11**
Secretary: MacArthur F. - Sacramento Fellowship
Speaker 1: Don S. - Contra Costa
Speaker 2: Rick S. - Southern California Region

9:00am – 10:30am — Convention Center
Men's Meeting (ASL) — **Ballroom A1**
Secretary: Craig C. - Napa/Solano
Speaker 1: James H. - Napa/Solano
Speaker 2: Michael F. - Sonoma County

9:00am – 10:30am — Convention Center
Women's Meeting (ASL) — **Exhibit Hall C-D**
Secretary: Ginger G. - Sonoma County
Speaker 1: Danielle C. - American River
Speaker 2: Winnonah P. - Contra Costa

9:30am – 10:30am — Convention Center
Compassion Over Criticism — **Ballroom B1-2**
Secretary: Cristal B. - American River
Speaker 1: Terri A. - East Bay Central
Speaker 2: Sierra C. - Mission Peak

(ASL) = ASL interpretation available.

SCHEDULE

Friday, April 3, 2026

10:00am – 11:00am — Convention Center
Step 5 - Speaking it Aloud: The Healing Power of Honesty — **Ballroom A4-6**
Secretary: Mary K. - Sacramento Fellowship
Speaker 1: John H. - Marin
Speaker 2: Mark-Anthony S. - Greater San Jose

11:00am – 12:00pm — Convention Center
Public Relations and Traditions — **Ballroom A7**
Presenter: Northern California Regional Public Relations Team

11:00am – 12:00pm — Convention Center
Embracing Diversity in the Fellowship — **Ballroom A2-3**
Secretary: Lisa T. - East Bay Central
Speaker 1: Rick B. - Sonoma County
Speaker 2: Summer L. - American River

11:00am – 12:30pm — Convention Center
LGBTQ+ — **Ballroom A1**
Secretary: Albert B. - San Francisco
Speaker 1: Michael M. - Marin
Speaker 2: Sage M. - Contra Costa

11:30am – 12:30pm — Convention Center
Step 6 - Willing to Grow: Letting Go of What No Longer Serves Me — **Ballroom A9-11**
Secretary: Francisco S. - Napa/Solano
Speaker 1: Noel D. - Sonoma County
Speaker 2: Gail C. - Greater Butte

12:00pm – 1:00pm — Convention Center
Shame, Guilt, and Coming Back Anyway — **Ballroom B1-2**
Secretary: Sativa C. - Shasta/Trinity
Speaker 1: Lindsey L. - American River
Speaker 2: Mike L. - American River

SCHEDULE

Friday, April 3, 2026

12:15pm – 1:15pm — Convention Center
916 Oldtimers Panel — **Ballroom A7**
Presenter: Northern California Regional History and Archive Team

1:00pm – 2:00pm — Convention Center
When Everything Changes: — **Ballroom A4-6**
Staying Clean Through Life's Hardest Hits
Secretary: Chance J. - American River
Speaker 1: Mai-Lan V. - East Bay Central
Speaker 2: Sabrena R. - Sonoma County

1:00pm – 2:30pm — Convention Center
Aging in Recovery — **Ballroom A1**
Secretary: Gerald H. - Sacramento Fellowship
Speaker 1: Darryl F. - Mission Peak
Speaker 2: Elaine C. - East Bay Central

1:30pm – 2:30pm — Convention Center
Step 7 - Humility in Motion: — **Ballroom A2-3**
Asking for Change From Within
Secretary: Daric D. - American River
Speaker 1: Valaree P. - Sacramento Fellowship
Speaker 2: Jessie K. - Napa/Solano

2:00pm – 3:00pm — Convention Center
Sound Bath Guided Mediation — **Meeting Room 8**

2:00pm – 3:00pm — Convention Center
Mental Health and Recovery Facilities — **Ballroom A7**
Presenter: Northern California Regional Hospitals & Institutions Team

2:30pm – 3:30pm — Convention Center
Staying True: Practicing Integrity One Day At A Time — **Ballroom A9-11**
Secretary: Tracy M. - American River
Speaker 1: Jeff B. - Peninsula
Speaker 2: Glen S. - American River

SCHEDULE

Friday, April 3, 2026

3:00pm – 4:00pm — Convention Center
Step 8 - Making the List: — **Ballroom B1-2**
Owning the Harm I Have Caused
Secretary: Tina H. - Napa/Solano
Speaker 1: Michelle K. - American River
Speaker 2: Julian P. - Sacramento Fellowship

3:00pm – 4:30pm — Convention Center
Young People's — **Ballroom A1**
Secretary: Wilanda H. - Napa/Solano
Speaker 1: Anjah K. - Sierra Foothills
Speaker 2: Malinda W. - Sacramento Fellowship

3:30pm – 4:30pm — Convention Center
Freedom Through Connection: — **Ballroom A4-6**
Building a Support Group
Secretary: Alyssa J. - Greater Butte
Speaker 1: Teresa M. - Contra Costa
Speaker 2: Bob T. - American River

4:00pm – 5:00pm — Convention Center
Finding Your Identity in Recovery — **Ballroom A2-3**
Secretary: Elayne M. - Humboldt/Del Norte
Speaker 1: Kristen K. - Mission Peak
Speaker 2: Tim D. - Sonoma County

4:30pm – 5:30pm — Convention Center
Practicing Compassion for Self and Others — **Ballroom A9-11**
Secretary: Jordan S. - San Francisco
Speaker 1: Ray T. - Pacific Cascade Region
Speaker 2: Stephanie H. - Lake County

5:00pm – 6:00pm — Convention Center
Building Healthy Relationships in Recovery — **Ballroom B1-2**
Secretary: Sasha O. - Sacramento Fellowship
Speaker 1: Sean K. - Mission Peak
Speaker 2: Sydney F. - Napa/Solano

SCHEDULE

Friday, April 3, 2026

5:30pm – 6:30pm — Convention Center
Tolerance Isn't Weakness — **Ballroom A4-6**
Secretary: Joshua B. - Greater Butte
Speaker 1: Kim M. - American River
Speaker 2: Debra R. - Pacific Cascade Region

6:30pm – 8:00pm — Convention Center
Main Meeting (ASL) — **Exhibit Hall C-D**
Speaker: Brett W. - Michigan Region
Secretary: Patty S. - Sonoma County

Who is an Addict?	Ted Z. - Sonoma County
What is the NA Program?	Evelina G. - Sonoma County
Porque estamos aqui?	Oscar G. - Napa/Solano
How It Works:	Louis A. - Monterey
Twelve Traditions:	Shellie M. - Greater San Jose
We Do Recover:	Newcomer
Just for Today:	Christine F. - Sonoma County

9:00pm – 10:00pm — Convention Center
Navigating the Gray Areas of Medication and Clean Time — **Ballroom A7-8**
Secretary: Jennifer A. - Sonoma County
Speaker 1: Tammy A. - Mission Peak
Speaker 2: Anthony E. - Southern California Region

9:00pm – 11:00pm — Convention Center
NA Unplugged — **K Street Outdoor Plaza**

9:00pm – 11:30pm — Convention Center
DJ Dance — **Ballroom B7**

9:00pm – 1:00am — Hyatt
Karaoke — **Regency A**

9:00pm – 11:00pm — Convention Center
Cabaret Show — **Ballroom A1**

(ASL) = ASL interpretation available.

SCHEDULE

Friday, April 3, 2026

9:15pm – 10:15pm — Convention Center
From Control to Connection: — **Ballroom A9-11**
Deflating Ego in Recovery
Secretary: Travis T. - Sonoma County
Speaker 1: Marsha J. - Sacramento Fellowship
Speaker 2: Laurel L. - American River

10:15pm – 11:15pm — Convention Center
Laughing Through the Chaos: — **Ballroom A7-8**
Finding Humor in the Journey to Stay Clean
Secretary: Nate K. - Contra Costa
Speaker 1: Mike F. - American River
Speaker 2: Traci W. - Sierra Foothills

10:30pm – 11:30pm — Convention Center
Clean, Centered, and Connected — **Ballroom A9-11**
Secretary: Christina M. - Mission Peak
Speaker 1: Tommy N. - Contra Costa
Speaker 2: Steven G. - Mission Peak

Although Topic meetings have ended for today, you can attend Marathon meetings throughout the night in the Golden State Room of the Hyatt Regency.

See Page 25

SATURDAY

JUST FOR TODAY

April 4 **Guarding our recovery**

"Remember that we... are ultimately responsible for our recovery and our decisions."

Basic Text, p. 103

Most of us will face choices that challenge our recovery. If we find ourselves in extreme physical pain, for example, we will have to decide whether or not we will take medication. We will have to be very honest with ourselves about the severity of our pain, honest with our doctor about our addiction and our recovery, and honest with our sponsor. In the end, however, the decision is ours, for we are the ones who must live with the consequences.

Another common challenge is the choice of attending a party where alcohol will be served. Again, we should consider our own spiritual state. If someone who supports our recovery can attend the event with us, so much the better. However, if we don't feel up to such a challenge, we should probably decline the invitation. Today, we know that preserving our recovery is more important than saving face.

All such decisions are tough ones, requiring not only our careful consideration but the guidance of our sponsor and complete surrender to a Higher Power. Using all of these resources, we make the best decision we can. Ultimately, however, the decision is ours. Today, we are responsible for our own recovery.

JUST FOR TODAY: When faced with a decision that may challenge my recovery, I will consult all the resources at my disposal before I make my choice.

SCHEDULE

Saturday, April 4, 2026

8:00am – 9:00am — Convention Center
Sound Bath Guided Mediation — **Meeting Room 8**

8:00am - 10:00am — Offsite
5K Run (7am check-in @ park) — **Discovery Park**

8:30am – 9:30am — Convention Center
Step 9 - Making it Right: Amends with Integrity and Care — **Ballroom A4-6**
Secretary: Nicki L. - Greater Butte
Speaker 1: Paula H. - Sonoma County
Speaker 2: Tanya S. - Napa/Solano

9:00am – 10:00am — Convention Center
Celebrating Life Clean — **Ballroom A9-11**
Secretary: Keith J. - Sonoma County
Speaker 1: Kelly M. - Greater Butte
Speaker 2: Taz T. - Napa/Solano

9:00am – 10:30am — Convention Center
Men's Meeting (ASL) — **Ballroom A1**
Secretary: Xavier C. - Sierra Foothills
Speaker 1: Dan W. - American River
Speaker 2: Phil O. - Greater New York Region

9:00am – 10:30am — Convention Center
Women's Meeting (ASL) — **Exhibit Hall C-D**
Secretary: Marina S. - Contra Costa
Speaker 1: Laurie F. - East Bay Central
Speaker 2: Sonia R. - East Bay Central

9:30am – 10:30am — Convention Center
Letting Go: Trusting a Power Bigger Than Me — **Ballroom B1-2**
Secretary: Daniel C. - American River
Speaker 1: Cindy C. - Napa/Solano
Speaker 2: Danielle H. - Lake County

(ASL) = ASL interpretation available.

SCHEDULE

Saturday, April 4, 2026

10:00am – 11:00am — Convention Center
Step 10 - Daily Check In: — **Ballroom A4-6**
Staying Clean in Thought and Action
Secretary: Veronica J. - Greater Butte
Speaker 1: Jamie R. - Napa/Solano
Speaker 2: Fran M. - British Columbia Region

10:30am – 11:30am — Convention Center
Staying Right Sized: Humility in Recovery — **Ballroom B3**
Secretary: Crystal B. - Mission Peak
Speaker 1: Colin M. - Sierra Foothills
Speaker 2: Mike D. - Mission Peak

11:00am – 12:30pm — Convention Center
LGBTQ+ — **Ballroom A1**
Secretary: Darin R. - Contra Costa
Speaker 1: Marquis B. - American River
Speaker 2: Josh C. - East Bay Central

11:00am – 5:00pm — Convention Center
Battle of the Bands — **K Street Outdoor Plaza**

11:15am – 12:15pm — Convention Center
H&I's Beginnings in Northern California — **Ballroom A7**
Presenter: Northern California Regional Hospitals & Institutions Team

11:30am – 12:30pm — Convention Center
Step 11 - Quiet Connection: — **Ballroom B1-2**
Seeking Guidance Through Prayer and Meditation
Secretary: Chris C. - American River
Speaker 1: Yolandra R. - East Bay Central
Speaker 2: Troy B. - Sacramento Fellowship

12:00pm – 3:00pm — Convention Center
Drag Queen Bingo — **Exhibit Hall A**

SCHEDULE

Saturday, April 4, 2026

12:30pm – 1:30pm — Convention Center
Solving Obstacles to Accessibility: Getting Addicts to Their First Meeting — **Ballroom A7**
Presenter: Northern California Regional Public Relations Team

12:30pm – 1:30pm — Convention Center
Sponsorship: Walking the Path as a Sponsor and Sponsee — **Ballroom A9-11**
Secretary: Blake L. - Sonoma County
Speaker 1: Renee J. - American River
Speaker 2: Anastasia I. - American River

1:00pm – 2:00pm — Convention Center
Step 12 - Carrying the Message: Living Recovery Through Service — **Ballroom B3**
Secretary: Sabrina S. - Marin
Speaker 1: Monique B. - Sacramento Fellowship
Speaker 2: Ms. Pooh - Contra Costa

1:00pm – 2:30pm — Convention Center
From Street Life to Clean Life — **Ballroom A1**
Secretary: Jack S. - American River
Speaker 1: Troy M. - Contra Costa
Speaker 2: Carlos G. - Mission Peak

1:30pm – 2:30pm — Convention Center
Setting and Maintaining Boundaries — **Ballroom A4-6**
Secretary: Melissa W. - Marin
Speaker 1: Shari C. - Napa/Solano
Speaker 2: Phyllis H. - Sonoma County

1:30pm – 2:30pm — Convention Center
Truth, Trust, and Trying Again — **Ballroom B1-2**
Secretary: Don H. - American River
Speaker 1: Stephanie R. - Greater Butte
Speaker 2: Stacy K. - East Bay Central

SCHEDULE

Saturday, April 4, 2026

1:45pm – 3:15pm — Convention Center
History of 916 — **Ballroom A7**
Presenter: Northern California Regional History and Archive Team

2:00pm – 3:00pm — Convention Center
Sound Bath Guided Mediation — **Meeting Room 8**

2:30pm – 3:30pm — Convention Center
Heartbreak and Homegroups: — **Ballroom B3**
When Recovery and Relationships Collide
Secretary: Nina L. - Sierra Foothills
Speaker 1: Jill H. - Humboldt/Del Norte
Speaker 2: Eric A. - East Bay Central

3:00pm – 4:00pm — Convention Center
Clean and Grieving: Holding Space for Pain — **Ballroom A9-11**
Without Picking Up
Secretary: Danelle D. - Contra Costa
Speaker 1: Robin G. - American River
Speaker 2: Natalie M. - Sacramento Fellowship

3:00pm – 4:30pm — Convention Center
Young People's — **Ballroom A1**
Secretary: David N. - California Mid-State Region
Speaker 1: Ashley S. - American River
Speaker 2: Nicolas D. - Sierra Foothills

3:15pm – 4:15pm — Convention Center
Owning Our Actions: — **Ballroom B1-2**
The Power of Accountability in Clean Time
Secretary: Dana M. - American River
Speaker 1: Kris G. - Sacramento Fellowship
Speaker 2: Maria O. - California Mid-State Region

SCHEDULE

Saturday, April 4, 2026

4:00pm – 5:00pm — Convention Center
Clean Adventures: Making New Memories Without Losing Them — **Ballroom A4-6**
Secretary: Heather Y. - Sacramento Fellowship
Speaker 1: Allyse B. - American River
Speaker 2: Vince T. - Mission Peak

4:00pm – 5:00pm — Convention Center
Strength In Surrender — **Ballroom B3**
Secretary: Chantal O. - American River
Speaker 1: Moe C. - East Bay Central
Speaker 2: Miranda S. - American River

5:00pm – 6:00pm — Convention Center
The Willing Heart and The Open Mind — **Ballroom A9-11**
Secretary: Kelly C. - Sacramento Fellowship
Speaker 1: Lisa R. - Marin
Speaker 2: Miguel V. - Central California Region

6:30pm – 8:30pm — Convention Center
Main Meeting (ASL) — **Exhibit Hall C-D**
Speaker: Gina S. - South Florida Region
Secretary: Sam S. - Sonoma County

Who is an Addict?	Kelley M. - American River
What is the NA Program?	Christine W. - Sonoma County
Why are We Here?	Mike H. - Monterey
How It Works:	Charles M. - American River
Las Doce Tradiciones de NA:	Michelle G. - Napa/Solano
We Do Recover:	Newcomer
Just For Today:	Rosie M. - Sonoma County
Roll Call:	Aimee F. - Sonoma County
Roll Call:	Erin M. - Sonoma County
Recovery Countdown:	Brian A. - Sonoma County
Recovery Countdown:	Felicia A. - American River

(ASL) = ASL interpretation available.

SCHEDULE

Saturday, April 4, 2026

9:00pm – 10:00pm — Convention Center
Staying Clean Through Surgery: — **Ballroom A7-8**
A Recovery Focused Approach to Healing
Secretary: Robert L. - Sacramento Fellowship
Speaker 1: Jason M. - Contra Costa
Speaker 2: Robert G. - American River

9:00pm – 11:30pm — Convention Center
DJ Dance — **Ballroom B7**

9:00pm – 1:00am — Hyatt
Karaoke — **Regency A**

9:15pm – 10:15pm — Convention Center
Progress Not Perfection — **Ballroom A9-11**
Secretary: Celia G. - Greater San Jose
Speaker 1: James I. - San Francisco
Speaker 2: Gail P. - Marin

9:30pm – 11:30pm — Convention Center
Comedy Show — **Ballroom A1**

10:15pm – 11:15pm — Convention Center
Holding Space Not Grudges — **Ballroom A7-8**
Secretary: Vernon B. - American River
Speaker 1: David C. - Pacific Cascade Region
Speaker 2: Jason T. - American River

10:30pm – 11:30pm — Convention Center
When I Think I Got This – That's When Ego Shows Up — **Ballroom A9-11**
Secretary: Monica K. - American River
Speaker 1: Kate O. - Mission Peak
Speaker 2: Stacey Mc. - American River

JUST FOR TODAY

April 5 **Identification**

"Someone finally knew the crazy thoughts that I had and the crazy things I'd done."

Basic Text, p. 175

Addicts often feel terminally unique. We're sure that no one used drugs like we did or had to do the things that we did to get them. Feeling that no one really understands us can keep us from recovery for many years.

But once we come to the rooms of Narcotics Anonymous, we begin to lose that feeling of being "the worst" or "the craziest." We listen as members share their experiences. We discover that others have walked the same twisted path that we've walked and still have been able to find recovery. We begin to believe that recovery is available to us, too.

As we progress in our own recovery, sometimes our thinking is still insane. However, we find that when we share the hard time we may be having, others identify, sharing how they have dealt with such difficulties. No matter how troubled our thinking seems, we find hope when others relate to us, passing along the solutions they've found. We begin to believe that we can survive whatever we're going through to continue on in our recovery.

The gift of Narcotics Anonymous is that we learn we are not alone. We can get clean and stay clean by sharing our experience, our strength, and even our crazy thinking with other members. When we do, we open ourselves to the solutions others have found to the challenges we face.

JUST FOR TODAY: I am grateful that I can identify with others. Today, I will listen as they share their experience, and I'll share mine with them.

SCHEDULE

Sunday, April 5, 2026

9:30am – 11:00am — Convention Center
Main Meeting (ASL) — **Ballroom A1**
Speaker: Jimmy J. - Southern Idaho Region
Secretary: Jenny D. - Contra Costa

Who is an Addict?	Laurie L. - Napa/Solano
What is the NA Program?	Chelie C. - Sonoma County
Why are We Here?	Lari G. - Sonoma County
How It Works:	Joleen L. - Sonoma County
Twelve Traditions:	Rob T. - Sonoma County
We Do Recover:	Newcomer
Solo Por Hoy:	Miguel M. - Greater San Jose

(ASL) = ASL interpretation available.

NCCNA extends a **special thanks** to all the areas and volunteers who make this convention a true spiritual celebration of recovery, including these supporting subcommittees:

Host:	Sonoma County
Program:	American River
Registration:	Greater Butte

Thank you for attending NCCNA XLVII

Join us for NCCNA XLVIII
March 25 - 28, 2027
Sacramento, California

For more information check the NCCNA page at:
www.nccna.org

MARATHON MEETINGS

Marathon meetings are held in the Golden State Room of the Hyatt Regency

For a current listing of meeting secretaries and speakers, use the QR code printed below, or on the back of your registration badge.

Marathon Meeting Updates

events.nccna.org

THURSDAY, APRIL 2, 2026

Golden State Room – Hyatt Regency

Time	Meeting Format
6:00pm	Topic Wheel
7:00pm	Spiritual Popsicle Stick Meeting
8:00pm	Just for Today
9:00pm	Speaker/Tag Meeting
10:00pm	Spiritual Principle a Day
11:00pm	Topic Wheel

MARATHON MEETINGS

FRIDAY, APRIL 3, 2026

Golden State Room – Hyatt Regency

Time	Meeting Format
12:00am	Spiritual Popsicle Stick Meeting
1:00am	Just for Today
2:00am	Speaker/Tag Meeting
3:00am	Spiritual Principle a Day
4:00am	Topic Wheel
5:00am	Spiritual Popsicle Stick Meeting
6:00am	Just for Today
7:00am	Speaker/Tag Meeting
8:00am	Spiritual Principle a Day
9:00am	Topic Wheel
10:00am	Spiritual Popsicle Stick Meeting
11:00am	Just for Today
12:00pm	Speaker/Tag Meeting
1:00pm	Spiritual Principle a Day
2:00pm	Topic Wheel
3:00pm	Spiritual Popsicle Stick Meeting
4:00pm	Just for Today
5:00pm	Speaker/Tag Meeting
6:00pm	Spiritual Principle a Day
7:00pm	Topic Wheel
8:00pm	Spiritual Popsicle Stick Meeting
9:00pm	Just for Today
10:00pm	Speaker/Tag Meeting
11:00pm	Spiritual Principle a Day

MARATHON MEETINGS

SATURDAY, APRIL 4, 2026

Golden State Room – Hyatt Regency

Time	Meeting Format
12:00am	Topic Wheel
1:00am	Spiritual Popsicle Stick Meeting
2:00am	Just for Today
3:00am	Speaker/Tag Meeting
4:00am	Spiritual Principle a Day
5:00am	Topic Wheel
6:00am	Spiritual Popsicle Stick Meeting
7:00am	Just for Today
8:00am	Speaker/Tag Meeting
9:00am	Spiritual Principle a Day
10:00am	Topic Wheel
11:00am	Spiritual Popsicle Stick Meeting
12:00pm	Just for Today
1:00pm	Speaker/Tag Meeting
2:00pm	Spiritual Principle a Day
3:00pm	Topic Wheel
4:00pm	Just for Today
5:00pm	Speaker/Tag Meeting
6:00pm	Spiritual Principle a Day
7:00pm	Topic Wheel
8:00pm	Spiritual Popsicle Stick Meeting
9:00pm	Just for Today
10:00pm	Speaker/Tag Meeting
11:00pm	Spiritual Principle a Day

MARATHON MEETINGS

SUNDAY, APRIL 5, 2026

Golden State Room – Hyatt Regency

Time	Meeting Format
12:00am	Topic Wheel
1:00am	Spiritual Popsicle Stick Meeting
2:00am	Just for Today
3:00am	Speaker/Tag Meeting
4:00am	Spiritual Principle a Day
5:00am	Topic Wheel
6:00am	Spiritual Popsicle Stick Meeting
7:00am	Just for Today
8:00am	Speaker/Tag Meeting

As recovering addicts, we come to know gratitude. As our defects are removed, we are free to become all that we can. We emerge as new individuals with an awareness of ourselves and the ability to take our places in the world.

(Basic Text, pg. 97)

REUNIONES EN ESPAÑOL

viernes 3 de abril 2026

5:00pm – 6:15pm — Hyatt Regency
Vivir en la Solución — **Carmel**
Secretario: Manuel S. - Contra Costa
Orador: Donis I. - Marin

9:30pm – 10:45pm — Hyatt Regency
Reunión Principal: Nueva Forma de Vida — **Carmel**
Secretario: Rigo M. - Sacramento Fellowship
Oradora: Celina R. - Southern California Region

11:00pm – 11:50pm — Hyatt Regency
Maratónica: Solo Por Hoy — **Carmel**
Secretario: Gabriel M. - Contra Costa

sábado 4 de abril 2026

12:00am – 12:45am — Hyatt Regency
Salirse del Camino — **Carmel**
Secretario: Estevan A. - Greater San Jose
Orador: Jesus R. - San Francisco

9:00am – 10:15am — Hyatt Regency
Perdonar, Vive, Sueña — **Carmel**
Secretario: Joe P. - Contra Costa
Orador: Jose B. - Greater San Jose

11:00am – 12:15pm — Hyatt Regency
Cuando Los Sueños se Hacen Realidad — **Carmel**
Secretario: Jorge T. - Napa/Solano
Oradora: Jesse P. - California Mid-State Region

1:00pm – 2:15pm — Hyatt Regency
Esperanza y Inspiración — **Carmel**
Secretario: Franklin P. - San Francisco
Orador: Valente R. - Mission Peak

REUNIONES EN ESPAÑOL

sábado 4 de abril 2026

2:30pm – 3:45pm — Hyatt Regency
Nuevas posibilidades — **Carmel**
Secretario: Sergio G - East Bay Central
Oradora: Mellissa A. - Monterey

4:00pm – 5:15pm — Hyatt Regency
Reunión Principal: Los Sueños Perdidos Despiertan — **Carmel**
Secretario: Juan A. - Napa/Solano
Orador: Chino O. - Tijuana

6:30pm – 8:30pm — Convention Center
NCCNA 47 Reunión Principal (Ingles) — **Hall D**

10:00pm – 11:30pm — Hyatt Regency
Sueños y Recuperación — **Carmel**
Secretario: Hugo A. - Napa/Solano
Orador: Juan M. - East Bay Central

domingo 5 de abril 2026

12:00am – 12:45am — Hyatt Regency
Mañana Vendrá si vivo Para Hoy — **Carmel**
Secretario: Mike G. - Contra Costa
Orador: Rodolfo M. - Marin

ASL MEETINGS

The following meetings will offer ASL interpretation. Special seating is available.

Thursday, April 2, 2026

7:00pm – 8:30pm — Convention Center
Main Speaker Meeting — **Ballroom A1**

Friday, April 3, 2026

9:00am – 10:30am — Convention Center
Men's Meeting — **Ballroom A1**

9:00am – 10:30am — Convention Center
Women's Meeting — **Exhibit Hall D**

6:30pm – 8:00pm — Convention Center
Main Speaker Meeting — **Exhibit Hall D**

Saturday, April 4, 2026

9:00am – 10:30am — Convention Center
Men's Meeting — **Ballroom A1**

9:00am – 10:30am — Convention Center
Women's Meeting — **Exhibit Hall D**

6:30pm – 8:30pm — Convention Center
Main Speaker Meeting — **Exhibit Hall D**

Sunday, April 5, 2026

9:30am – 11:00am — Convention Center
Main Speaker Meeting — **Ballroom A1**

NEWCOMER WORSHOPS

If you are a newcomer with thirty (30) days or less clean, please check-in at the Registration table.

Thursday, April 2, 2026

4:00pm – 5:00pm — Convention Center
Newcomer Workshop — **Ballroom A7**
Presented by: Northern California Regional Fellowship Services Team

Friday, April 3, 2026

9:30am – 10:30am — Convention Center
Newcomer Workshop — **Ballroom A7**
Presented by: Northern California Regional Fellowship Services Team

4:00pm – 5:00pm — Convention Center
Newcomer Workshop — **Ballroom A7**
Presented by: Northern California Regional Fellowship Services Team

Saturday, April 4, 2026

10:00am – 11:00am — Convention Center
Newcomer Workshop — **Ballroom A7**
Presented by: Northern California Regional Fellowship Services Team

4:00pm – 5:00pm — Convention Center
Newcomer Workshop — **Ballroom A7**
Presented by: Northern California Regional Fellowship Services Team

WORKSHOPS AT XLVII

brought to you by
Northern California Regional Service Committee

Friday, April 2, 2026

11:00am – 12:00pm — Convention Center
Public Relations and Traditions — **Ballroom A7**
Presented by: Northern California Regional Public Relations Team

12:15pm – 1:15pm — Convention Center
916 Oldtimers Panel — **Ballroom A7**
Presented by: Northern California Regional History and Archive Team

2:00pm – 3:00pm — Convention Center
Mental Health and Recovery Facilities — **Ballroom A7**
Presented by: Northern California Regional Hospitals & Institutions Team

Saturday, April 3, 2026

11:15am – 12:15pm — Convention Center
H&I's Beginnings in Northern California — **Ballroom A7**
Presented by: Northern California Regional Hospitals & Institutions Team

12:30pm – 1:30pm — Convention Center
Solving Obstacles to Accessibility – Getting Addicts to Their First Meeting — **Ballroom A7**
Presented by: Northern California Regional Public Relations Team

1:45pm – 3:15pm — Convention Center
History of 916 Presentation — **Ballroom A7**
Presented by: Northern California Regional History and Archive Team

ENTERTAINMENT

****Additional ticket Required**

Thursday April 2, 2026

9:00pm – 1:00am — Hyatt Regency
Karaoke — **Regency A**

Friday April 3, 2026

8:00am – 9:00am — Convention Center
Sound Bath Guided Meditation — **Meeting Room 8**

9:00am — Offsite
Golf Tournament** (8:00am check-in at course) — **Teal Bend Golf Club**

2:00pm – 3:00pm — Convention Center
Sound Bath Guided Meditation — **Meeting Room 8**

9:00pm – 11:00pm — Convention Center
NA Unplugged — **K Street Outdoor Plaza**

9:00pm – 11:00pm — Convention Center
Cabaret Variety Show** — **Ballroom A1**

9:00pm – 11:30pm — Convention Center
DJ Dance — **Ballroom B7**

9:00pm – 1:00am — Hyatt Regency
Karaoke — **Regency A**

ENTERTAINMENT

****Additional ticket Required**

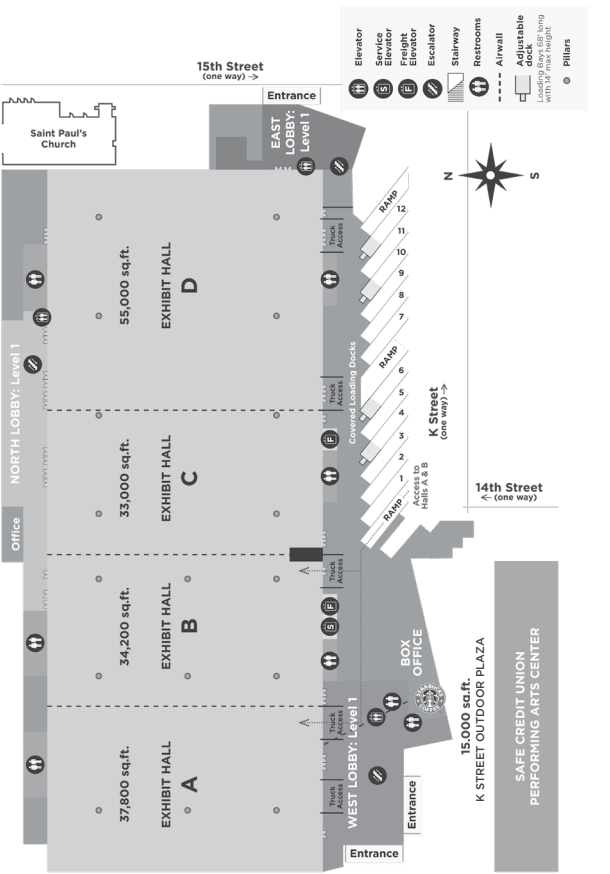
Saturday, April 4, 2026

8:00am – 9:00am **Sound Bath Guided Meditation**	Convention Center **Meeting Room 8**
8:00am **5k Run**** (7:00am check-in at park)	Offsite **Discovery Park**
11:00am – 5:00pm **Battle of the Bands**	Convention Center **K Street Outdoor Plaza**
12:00pm – 3:00pm **Drag Queen Bingo****	Convention Center **Exhibit Hall A**
2:00pm – 3:00pm **Sound Bath Guided Meditation**	Convention Center **Meeting Room 8**
9:00pm – 11:30pm **DJ Dance**	Convention Center **Ballroom B7**
9:00pm – 1:00am **Karaoke**	Hyatt Regency **Regency A**
9:30pm – 11:00pm **Comedy Show****	Convention Center **Ballroom A1**

SITE MAPS

SAFE CREDIT UNION CONVENTION CENTER

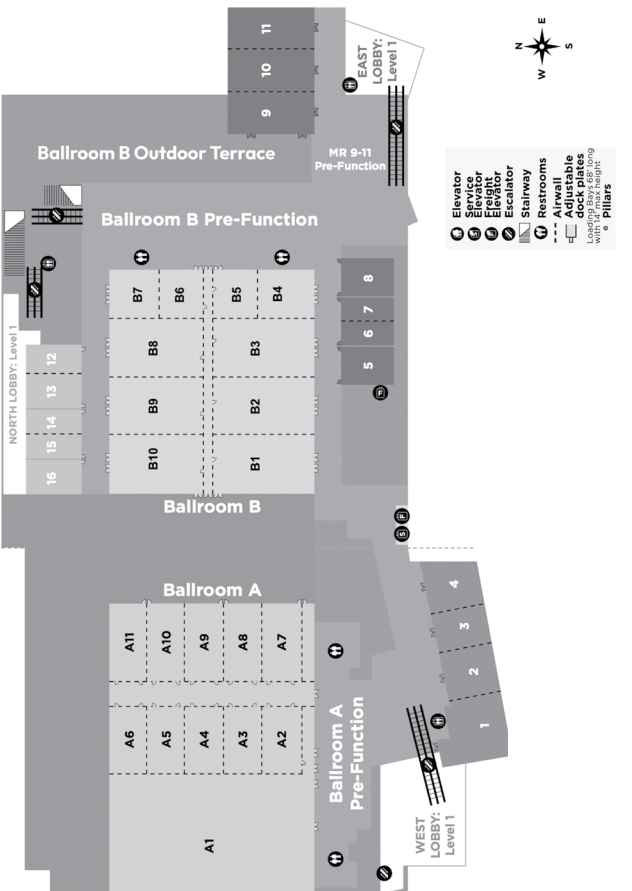
LEVEL 1



SITE MAPS

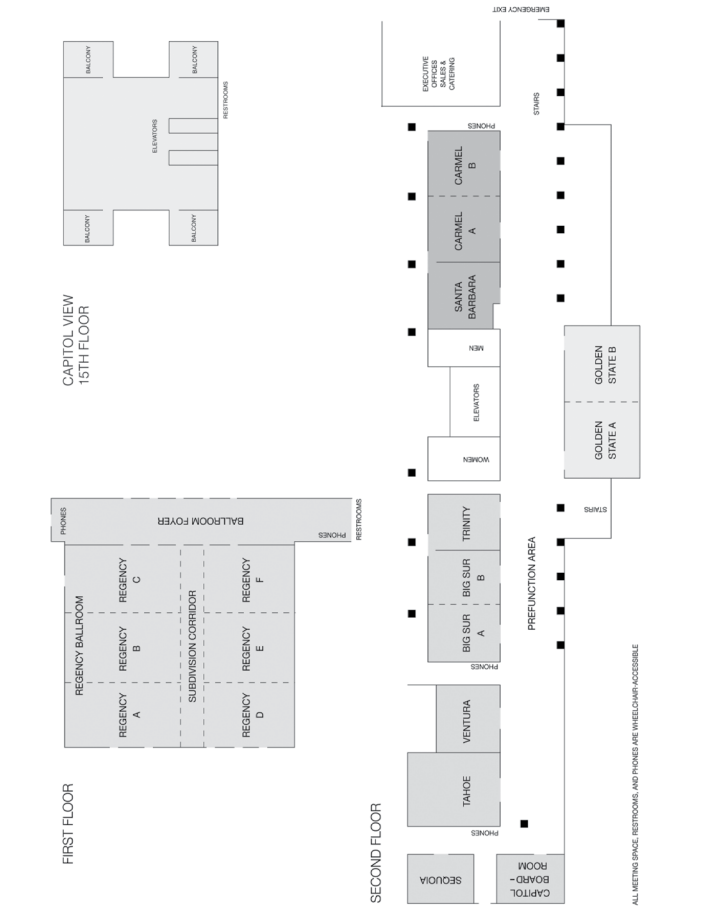
SAFE CREDIT UNION CONVENTION CENTER

LEVEL 2



SITE MAPS

HYATT REGENCY



The 12 Traditions of Narcotics Anonymous

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority–a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose–to carry the. message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10 Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

PHONE NUMBERS